

Sunday 20th December

Sunday, Week 4

Send us your Spirit

V. The Angel of the Lord declared unto Mary.
R. And she conceived of the Holy Spirit.

Hail Mary, Full of Grace,
The Lord is with Thee;
Blessed art thou among women,
And blessed is the fruit of thy womb, Jesus.
*R: Holy Mary, Mother of God,
Pray for us sinners,
Now and at the hour of our death. Amen*

V. Behold the handmaid of the Lord.
R. Be it done to me according to Thy word.

Hail Mary, Full of Grace,
The Lord is with Thee;
Blessed art thou among women,
And blessed is the fruit of thy womb, Jesus.
*R: Holy Mary, Mother of God,
Pray for us sinners,
Now and at the hour of our death. Amen*

V. And the Word was made flesh.
R. And dwelt among us.

Hail Mary, full of grace,
The Lord is with Thee;
Blessed art thou among women,
And blessed is the fruit of thy womb, Jesus.
*R: Holy Mary, Mother of God,
Pray for us sinners,
Now and at the hour of our death. Amen*

V. Pray for us, O holy Mother of God.
R. That we may be made worthy of the promises of Christ.

Let us pray:

Pour forth, we beseech Thee, O Lord, Thy grace into our hearts, that as we have known the Incarnation of Thy Son, Jesus Christ, by the message of an angel, so by His Cross and Passion we may be brought to the glory of His Resurrection; through the same Christ Our Lord. Amen.

Read this verse – Luke 10:21 [or the Gospel of the day: Luke 1: 26-38]

At that same hour Jesus rejoiced in the Holy Spirit and said, ‘I thank you, Father, Lord of heaven and earth, because you have hidden these things from the wise and the intelligent and have revealed them to infants; yes, Father, for such was your gracious will.

After a short meditation, say this prayer:

LORD JESUS, I thank you that you have revealed to us the depths of your boundless love. Send us your Holy Spirit so that we may experience the healing and liberating power of life in union with you and that we may play our part in lightening the suffering of others. Amen. (Bernard Haring, CSSR)